

Team Building & Problem Solving

- **Grade Levels:** All Levels
- **Cost:** \$3.00 per student
- **Time Needed:** 1 hour
- **Class Size:** 20 students max
- **On-site/Outreach:** On-site Only
- **Season:** Year Round

• **General Description:** Learning how to problem solve in an outdoor setting can prepare you for tasks in the future. Challenge your students to work together with obstacles of nature to complete an outdoor problem.



Because of the nature of these activities, groups sizes must be kept small. However, please consider that programs may be combined over the course of a day to offer a “round robin” type of event for your students.

To Schedule:

Contact Group Sales at
(814) 833-6050
emily@regsciconsort.com



Get Outdoors PA

...is a program to promote the diverse array of recreational opportunities available in Pennsylvania's State Parks and Forests.

For more information on other Get Outdoors PA programs, please visit:
www.dcnr.state.pa.us/getoutdoorspa

PRESQUE ISLE STATE PARK TOM RIDGE ENVIRONMENTAL CENTER

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www.dcnr.state.pa.us

Get Outdoors PA

for schools at Presque Isle State Park

Outdoor Recreation Programming
Integrating Physical Education and Science

Between homework, video games, TV and computers, kids spend less and less time outside.

That is why these programs have been designed to get kids excited about being active in the outdoors! They are also great for meeting standards for Health and Physical Education and covering the Science Assessment Anchors.

If you see something you like, turn the page over to see how to schedule!

Interpretive Hikes

- Grade Levels: All Levels
- Cost: \$3.00 per student
- Time Needed: 1.5 hours
- Class Size: 15 students/naturalist
- On-site/Outreach: On-site Only
- Season: Year Round
- **General Description:** All interpretive hikes follow the Leave No Trace Principles and the I Conserve Message. Leave No Trace teaches everything from preparedness and outdoor safety to stewardship of the environment. The I Conserve Message teaches the concept of taking simple steps toward conservation that collectively go a long way to helping conserve our natural resources. See individual hike topics for further description.



Birding

- **Description:** Presque Isle has been recognized as one of the top 10 birding sites in the nation. See and learn about the variety of birds in their natural habitats through observation using tools used in the field such as a spotting scope and binoculars. From waters edge to climax forest, explore the habitats that the birds that call home. This program will teach students how to use field guides and field equipment to identify birds while in the field. Students will take note of characteristics and adaptations that allow the birds to survive in their habitats.



Plant ID

- **Description:** The shifting sands of Presque Isle have created a variety of habitats that are home to a diversity of plants. This unique peninsula has an abundance of rare and endangered species, some found nowhere else in the state. Explore some of these amazing plant communities along the beach and on the interior trails. Students will make leaf rubbings, use field guides, and other tools to identify and observe plants and learn about their uses.



Gull Point Succession

- **Description:** Gull point is one of nature's most dramatic and adventures hikes on Presque Isle because it is constantly changing with every wave. Explore the natural succession of Gull Point by observing the variety of habitats and the diversity of flora and fauna. Students will use field guides and make illustrated observations of the natural communities.



Forest

- **Description:** White tail deer, raccoon, weasels, and coyotes are just some of the animals that live in the forests of Presque Isle. Learn how the forests came to be at the peninsula and the important role they play in the natural world. Students will walk on interior trails, explore the diversity of flora and fauna, and use forestry tools such as tree borers, tape measures and bug boxes. From Tree canopy to forest floor students will investigate how the balance of nature works.



Snowshoeing

- **Description:** Snow shoeing is a great way to keep kids active in the winter, and to make winter outdoor learning even more fun. Students will learn the history and the basics of this form of transportation. Explore the natural world on the interior trails of Presque Isle by identifying tracks, plants, birds, animals and more. Snowshoeing can be done in the sand if there is no snow.



Fishing

GO FISH!

- Grade Levels: 3 - 12
- Cost: \$3.00 per student
- Time Needed: 1 hour for basics; up to 4 hrs. for extended lessons
- Class Size: 20 students/naturalist
- On-site/Outreach: Both if fishing site available off-site
- Season: Spring, Summer, Fall
- **Description:** From fishing safety and the basics to a full day of fish biology and fishing techniques, this course introduces students to a great outdoor tradition, and a little of the science behind it. Learn about everything from fish habitat and food to knot tying and casting technique. This experience can also be modified to introduce fly fishing!



Navigation Station

Fun With GPS (Global Positioning System)

- Grade Levels: 3 - 12
- Cost: \$3.00 per student
- Time Needed: 1.5 hours
- Class Size: 15 students MAX
- On-site/Outreach: On-site only
- Season: Year-round
- **Description:** Learning how to use a GPS is a fun, hi-tech form of navigation in the outdoors. Students will learn the basics of a hand held GPS unit by entering coordinates, marking and finding waypoints, and using the unit to find a geocache. Explore unique areas on Presque Isle and enjoy the treasures that are waiting to be found.



Map and Compass

- Grade Levels: 5 - 12
- Cost: \$3.00 per student
- Time Needed: 1.5 hours
- Class Size: 15 students MAX
- On-site/Outreach: On-site only
- Season: Year-round
- **Description:** Learning how to use a map and compass can be one of the most rewarding experiences for students. Students will learn map reading and basic compass skills to help them navigate in the great outdoors. They will put their skills to the test as they make their own map and have their classmates use it to navigate the course.

